

RECIPE / NAHANDRO

VEGETABLE SOUP/ LASOPY LEGIOMA

What do you need to make vegetable soup? / Inona avy no ialaina hanamboarana lasopy legioma?

To make vegetable soup:

- You need many kinds of vegetables./ Mila karazana legioma be dia be ianao.
- You need a knife to peel and cut the vegetables./ Mila antsy ianao hamoasana sy hitetehana ny legioma.
- You need a big pot to cook the soup./ Mila vilany lehibe handrahoana ny lasopy.
- You need spices to season the soup. / Mila episy hanatsarana ny tsiron'ny lasopy.

How to make the vegetable soup? / Ahoana no fanamboarana ny lasopy legioma?

First, you take the pumpkin / Voalohany, alaina ny voatavo



- You throw away the rinds of the pumpkin./ Voasana ny voatavo.
- You remove the seeds. / Esorina ny voany.
- Then, you cut the pumpkin into pieces. / Avy eo, tetehina ny voatavo.
- And you put it in the big pot. / Ary atao ao anatin'ny vilany lehibe.

Next, you take the potatoes / Manaraka, alaina ny ovy



- You peel the potatoes. / Voasana ny ovy.
- You cut the potatoes and you put them in the pot. / Tetehina ny ovy ary atao ao anaty vilany.

Next, you take the carrots / Manaraka, alaina ny karoty



- You cut off the ends of the carrots. / Esorina ny tendron'ny karoty
- You peel the carrots. / Voasana ny karoty.
- You cut the carrots into pieces and you put them in the pot. / Tetehina ny karoty ary atao ao anaty vilany.

Next, you take the leeks / Manaraka, alaina ny poarao



- You cut the leeks and you put them in the pot. / Tetehina ny poarao ary atao ao anaty vilany.

Next, you prepare all spices / Manaraka, karakaraina ny episy

- You chop the onions. / Tetehina ny tongolobe.



- You chop the garlic. Tetehina ny tongolo gasy.



- You chop the celery. / Tetehina madinika kely ny "céléri"



How to cook the soup? / Ahoana no fandrahoana ny lasopy?

- First, you make fire. / Voalohany, velomina ny afo.
- You put the pot on the fire. / Atao eo ambony afo ny vilany.
- You boil the soup with a very high temperature. / Ampangotrahana amin'ny maripana ambony be ny lasopy.
- Add salt and all the spices to the soup. / Asio sira ary arotsay ao anatin'ny lasopy ny episy rehetra.
- Don't forget to stir the soup every 5 minutes. / Aza adino ny manafangaro ny lasopy isaky ny dimy minitra.
- Taste the soup and then serve it. / Andramo ny sirany ary arosoy ny lasopy.