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| |  | | --- | | Pois et gousses de pois | | Ingrédients : | | * Saisir la liste d'ingrédients | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | Intitulé de la recette | | | | | | Réf. : Nom du fournisseur de la recette | | | | | |  |  |  |  |  | | temps | temps | Nb c | diff | $ | |  | | | | | | Instructions : | | | | | | Liste d'étapes | | | | | |